

At EncoreSTL we enhance our Drama Therapy approach by incorporating culturally relevant material and practices into our work.



Drama Therapy: Traditionally Drama therapy is an embodied practice that is active and experiential. This approach can provide the context for participants to tell their stories, set goals and solve problems, express feelings, or achieve catharsis. Through drama, the depth and breadth of inner experience can be actively explored and interpersonal relationship skills can be enhanced.



GROUP RATES

BEGINNER

Cost per hour = \$100/session
Group Size Min: 5 Max:15

The Beginner sessions are for groups or individuals who have never been exposed to theater or drama techniques. Students will be introduced to intro-level activities and gain a basic understanding of Drama Therapy principles.

INTERMEDIATE

Cost per hour = \$130/session
Group Size Min: 5 Max:15

The Intermediate sessions are for groups or individuals who have been exposed to theater or drama techniques (e.g. theater clubs, acting students) and are familiar with basic Drama Therapy principles. Students will be introduced to advanced-level activities and incorporate props into their activities.

ADVANCED

Cost per hour = \$80-\$200
Group Size Min: 1 Max:8

The Advanced sessions are for groups or individuals who are in need of therapeutic services and require a treatment plan. For example, those with mental health problems, medical issues, and or trauma are recommended to take the advanced option to help them establish and reach their mental health goals and outcomes.

Additional Fees:

- Travel (if outside St. Louis City Proper): \$30/flat fee
- Materials (intermediate/advanced sessions): \$120/flat fee

Contact Information:

Effrem(CEO) or Alexa(COO)

Email: info@encorestl.org

Phone: 314-325-9684

Website: encorestl.org/encore4youth

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INDIVIDUAL RATES

BEGINNER

Cost per person = \$30/hour

The Beginner sessions are for groups or individuals who have never been exposed to theater or drama techniques. Students will be introduced to intro-level activities and gain a basic understanding of Drama Therapy principles.

INTERMEDIATE

Cost per person = \$45/hr

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ADVANCED

Cost per person = \$120/hr

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